



THANK YOU!



[CLICK HERE to vote for Non-Surgical Orthopaedics, P.C.](#)

Thank you to all of our wonderful patients who voted for us to win Kudzu "Best Of" Business in 2012! It's important to us that you receive the best service and treatment from the moment you walk into our practice. Thank you to your many comments and suggestions, we have done a lot in 2013 to enhance your overall Non-Surgical Orthopaedics experience even more.

If you have enjoyed your visit in 2013 please take a few minutes to vote for us to win Kudzu "Best Of" Business for the second time around. Just click on the image or link above and you will be directed straight to the voting site. You will also be registered through Kudzu to win a free iPad with your vote. Thank you again for your amazing support over the years!

Proper Lifting Techniques to Avoid Back Pain



Our Holiday Hours:

Monday-Friday: 8am - 5pm
Thurs. Dec. 19th: 8am - 2pm
Office closed December 25th
Office Closed January 1st

Schedule an Appointment!

To schedule an appointment please call 770-421-1420

For important appointment information please [click here.](#)

GET CONNECTED!



[**Visit our blog**](#)

Download the new NSO App!

Available for FREE download

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www.glasbergen.com



**“The next time you lift someone’s spirits,
lift with your LEGS, not your BACK!”**

Simple daily chores can lead to severe back pain. Lifting heavy items at the supermarket, gardening and other household tasks can make you suffer for days or weeks. With some proper planning however, you can avoid injuring your back unnecessarily.

[Read More >>](#)

when you search Non-Surgical Orthopaedics, P.C. in your iTunes app store. Our app is only compatible with Apple™ devices.



Why Morning Yoga Beats a Cup of Coffee



Looking for a way to get your blood pumping in the morning? Want to give your morning yoga routine a boost? Take a cue from Tarzan and Jane, then greet the sun with a salute.

First thing in the morning, maybe during your yoga sequence, try beating on your chest. Seriously.

[Read More >>](#)

Relief for Tingling, Numbness and Pain Associated with Peripheral Neuropathy

Do you have a tingling sensation in your hands and feet? Do you feel like you're wearing gloves and socks, even when your hands and feet are not covered? Does numbness in your feet prevent you from making a solid connection with the floor and throw off your gait?

[Read More >>](#)

Meet Our Physicians:



Arnold J. Weil, MD
Anthony R. Grasso, MD

Meet Our Fellows:



Naureen Sheikh, M.D.



Ben Mega, M.D.

Non-Surgical Orthopaedics Staff Spotlight:



MEET JENNIFER CAHILL!

What is your title and what do you do?

I am the Practice Administrator. My main goal is to maintain outstanding customer service and keep all the staff happy while maintaining compliance in our Ambulatory Surgical Center.

How long have you worked at Non-Surgical Orthopaedics, P.C?

10 years

What do you like most about your job?

The staff at Non-Surgical Orthopaedics P.C. are great and make each and every day worthwhile. Seeing our doctors provide state of the art treatment to our patients, relieving their pain and in-turn, giving them a higher quality of life is priceless.

Share a fun fact about yourself.

I love watching my boys play sports! You can always spot me in a crowd because I am "that mom", covered in black and yellow, jumping up and down, hooting and hollering to support our Sequoyah Chiefs!

Visit us at our new office in Canton, Georgia. Call 770-421-1420 for an appointment!

Join our Mailing List!

Forward email



Try it FREE today.

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