



Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

COMMON CAUSES OF BACK PAIN

Back pain, particularly low back pain, is one of the most common ailments in the world. An overwhelming majority of people will experience it at some point, and it can significantly affect an individual's quality of life. Some of the most common reasons for back pain include:



1. Poor Posture: Excessive sitting is one of the major causes of back pain, in large part because so many people immediately slouch or adopt other positions that severely strain their back muscles and put pressure on their spinal discs. Adopting a relaxed and healthy posture while sitting and standing, as well as taking regular breaks from sitting, helps reduce the likelihood of back pain.

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AVOIDING STRESS FRACTURES IN ATHLETES

Athletes improve by pushing themselves - but pushing too hard can cause small cracks in the bone, most often in the feet or lower legs. Stress fracture, the bane of both competitive and recreational athletes, is a fairly common injury that takes time to heal.

February Blood Drive

Georgia Institute for Clinical Research LLC and Non-Surgical Orthopaedics, P.C. are sponsoring a Blood Drive on Tuesday February 21, 2012. Contact Denise at 770-421-2038 or via e mail at denise.coats@lowbackpain.com for more info. Appointments recommended 11:00 am - 4:00 pm.

Participants will be entered to win one of three pairs of Delta Airlines tickets! (drawing held by and tickets provided by the American Red Cross).

Our Excellent Staff





Stress fractures happen when a person attempts more than their body can handle. This is quite common in athletes in late summer/early fall, when football players are engaged in two-a-days and cross country runners are increasing their mileage.

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18 Years Of Excellence



At Non-Surgical Orthopaedics P.C., we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalgia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care.

Please visit our website for more information at:

www.lowbackpain.com

Georgia Institute for Clinical Research, L.L.C

Our [Clinical Research Department](#) is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain
- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy
- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18
- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an

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Meet Our Physicians



[Arnold J. Weil, M.D.](#)
[Anthony R. Grasso, M.D.](#)

Meet Our 2011 Fellow



[Victoria Chang, M.D.](#)

Meet Our 2011 Fellow

Investigational Product

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.



[Gerald Chai, D.O.](#)

Appointments

To schedule an appointment
please call 770-421-1420

For important appointment
information please [click here](#)

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Non-Surgical Orthopaedics, P.C. | 335 Roselane Street | Marietta | GA | 30060