



**NON-SURGICAL
ORTHOPAEDICS, P.C.**
Specializing in Spine Care & Pain Management



Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

THE AGE-OLD QUESTION: HOT OR COLD?

Ouch! Whether it's a trigger point in your neck or a sprained ankle, it hurts. So we ask ourselves, and our doctors, which should we reach for? The ice pack? Or the heating pad? Unfortunately, there are few hard-and-fast rules about this. It depends how you feel, what's wrong, and how long ago the injury happened.



Reach for the Ice

Ice is best for recent injuries: ideally, within 24 to 48 hours of getting hurt, especially if swelling is present.

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WHAT YOU NEED TO KNOW ABOUT DISLOCATED SHOULDERS

Dislocated shoulders are common injuries, particular for athletes. If it happens to you, it is important to get treatment as soon as possible to prevent further damage the surrounding ligaments, tendons, and nerves. The good news is that non-surgical treatments are effective for dislocated shoulders and that most people make complete recoveries. Here are the facts about dislocated shoulders.

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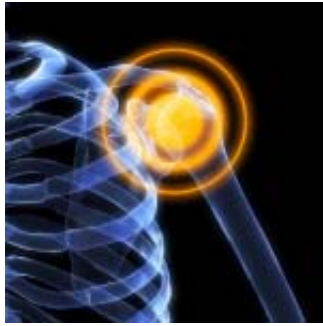


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Symptoms

Pain is usually the first symptom of a dislocated shoulder. Your shoulder may also feel unsteady and weak. Swelling, numbness, and bruising are also possible. In some cases....

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20 Years Of Excellence



At Non-Surgical Orthopaedics, P.C. we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalgia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention. Our physicians are Board Certified and experts in their field.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care. Please visit our website for more information at:

www.lowbackpain.com

Georgia Institute for Clinical Research, L.L.C

Our [Clinical Research Department](#) is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain
- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy
- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18

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Meet Our Physicians



[Arnold J. Weil, M.D.](#)
[Anthony R. Grasso, M.D.](#)

Meet Our 2013 Fellow



[Naureen Sheikh, M.D.](#)

Meet Our 2013 Fellow



[Ben Mega, M.D.](#)

- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an Investigational Product

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.

Appointments

To schedule an appointment please call 770-421-1420

For important appointment information please [click here](#)

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Non-Surgical Orthopaedics, P.C. | 335 Roselane Street | Marietta | GA | 30060