



**NON-SURGICAL  
ORTHOPAEDICS, P.C.**  
*Specializing in Spine Care & Pain Management*



## Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

### What Might Be Causing Your Shoulder Pain?

Shoulder pain is an extremely common complaint. After all, no joint moves more in your body than your shoulder. As it lifts, twists, and carries, it is prone to dislocation and injury. A number of different issues can cause pain in your shoulder; here are some of the most common culprits behind this pain:



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### Walking As Good As Running For Lowering Heart Risk Factors

Walkers who feel as though they are way down on the exercise chain can now hold their heads a little higher. When it comes to lowering risk factors for heart disease, walking is just as good as running, according to a new study.



**Our Doctors are now performing Prolotherapy for acute & chronic pain.**

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### Our Excellent [Staff](#)



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After six years of following a large pool of runners and walkers, researchers found that running lowered the risk of developing hypertension (i.e., high blood pressure) by 4.2 percent, high cholesterol by 4.3 percent and diabetes by 12.1 percent.

[Read More](#)

## 20 Years Of Excellence



As we begin our 20th year at Non-Surgical Orthopaedics P.C., we would like to take this opportunity to thank all those who have helped make us a success. For our loyal referring physicians and providers, we wish you a happy new year and thank you for your never-ending support. We would also like to recognize our outstanding staff and in 2013 we will continue to provide the best customer service around.

At Non-Surgical Orthopaedics, P.C. we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalgia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care.

Please visit our website for more information at:

[www.lowbackpain.com](http://www.lowbackpain.com)

## Georgia Institute for Clinical Research, L.L.C

Our [Clinical Research Department](#) is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain
- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy
- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18
- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an Investigational Product

[Join our Mailing List!](#)

## Meet Our Physicians



[Arnold J. Weil, M.D.](#)  
[Anthony R. Grasso, M.D.](#)

## Meet Our 2012 Fellow



[Anushka Perera, M.D.](#)

## Meet Our 2012 Fellow



[Calvin Damper, D.O.](#)

## Appointments

To schedule an appointment please call 770-421-1420

For important appointment information please [click here](#)

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.

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