



# Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

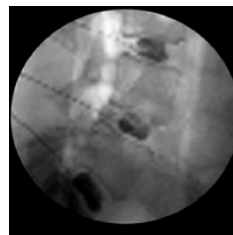
## LUMBAR DISCOGRAPHY

### What is Discography?

Discography is a diagnostic procedure, not a treatment. X-ray dye is injected into the spinal disc(s) and an x-ray (called a "discogram") is taken. The discogram may be normal or may show tears (fissures) in the lining of the disc. The results of discography can be used to plan spinal surgery, disc decompression, or IDET (IntraDiscalElectroThermal Therapy).

### How do I know if my pain is from a damaged disc?

With age or from an injury, the wall of the spinal discs can become damaged (such as a fissure.) This condition is called Internal Disc Disruption or Degenerative Disc Disease. The wall of the disc can weaken and protrude out (a herniated disc).



When the disc causes pain, the pain is usually felt as a deep ache in the back and sometimes in the buttocks and into the thigh. Pain from facet joints in the back and from the sacroiliac (SI joints) can be in the same location and feel the same. The best way to tell if the pain is from a damaged disc is with discography.

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## ULNAR NERVE INJURY

An ulnar nerve injury is an injury that damages the ulnar nerve, one of the three main nerves in the arm. The ulnar nerve runs from the shoulder to the hand and is responsible for carrying signals between the hand and the brain, enabling motion and feeling in the hand and forearm. An injury to the ulnar nerve can damage this communication and thus limit motion and feeling in the hand and forearm. If you have ulnar nerve injury, you will most likely experience

## Non-Surgical Orthopaedics News

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### Meet Our Physicians



symptoms in the area of your ring and little fingers.

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## 18 Years Of Excellence



At Non-Surgical Orthopaedics P.C., we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalgia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care.

Please visit our website for more information at:

[www.lowbackpain.com](http://www.lowbackpain.com)

## Georgia Institute for Clinical Research, L.L.C

Our [Clinical Research Department](#) is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain
- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy
- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18
- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an Investigational Product

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

[Arnold J. Weil, M.D.](#)  
[Anthony R. Grasso, M.D.](#)

## Meet Our 2011 Fellow



[Victoria Chang, M.D.](#)

## Meet Our 2011 Fellow



[Gerald Chai, D.O.](#)

## Appointments

To schedule an appointment please call 770-421-1420

For important appointment information please [click here](#)

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.

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Non-Surgical Orthopaedics, P.C. | 335 Roselane Street | Marietta | GA | 30060