Issue: #10



Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

EVIDENCE ACUPUNCTURE CAN EASE CHRONIC PAIN

When it comes to the relief of chronic pain, acupuncture is indeed effective, a sweeping review of previous research finds. The conclusion stems from a fresh analysis of initial raw data that had been collected by 29 studies previously conducted in Germany, Spain, Sweden, the United States and the United Kingdom. Collectively, these past investigations had involved nearly 18,000 patients. "We looked at only the best-quality studies," said study author Andrew Vickers, an attending research methodologist and statistician at the Memorial Sloan-Kettering Cancer Center, in New York City. "So I can say with confidence that what we found is the strongest evidence to date supporting the effectiveness of acupuncture."

Our Doctors are now performing Prolotherapy for acute & chronic pain.

Learn more...

Our Excellent Staff



The study appeared online Sept. 10 in the Archives of Internal Medicine. Acupuncture is age-old Chinese medicinal practice of carefully targeted needle insertion and stimulation at specific points of the body. The review authors acknowledge that although 3 million Americans now undergo acupuncture each year, it's still the subject of a great deal of debate among Western medicine practitioners with respect to its true therapeutic value.

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TREATING CHRONIC PAIN WITH ANALGESICS

Millions of Americans suffer from chronic pain conditions every year. The first medications that are most likely to be prescribed for chronic pain, except pain that is obviously due to nerve damage, fall under the category called analgesics. "Algia" is the Latin root word that means "pain," so analgesics are anti-pain agents. Most pain medications that people can think of fall under this category of drugs. The category covers any medication that decreases pain without causing lack of sensation. Unlike anesthetics, they don't block all sensations in an area, but they do interfere with how pain signals are interpreted by the brain.

There are two basic categories of analgesic medications that achieve pain

morphine and Vicodin, with morphine being a simple medication composed of one compound and Vicodin being a mix of two different compounds,

relief by different methods: Narcotic (opioid) pain relievers and nonnarcotic pain relievers. Examples of opioid pain medications include

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Arnold J. Weil, M.D. Anthony R. Grasso, M.D.

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Anushka Perera, M.D.

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hydrocodone and paracetamol.



At Non-Surgical Orthopaedics P.C., we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care. Please visit our website for more information at: www.lowbackpain.com

Georgia Institute for Clinical Research, L.L.C

Our <u>Clinical Research Department</u> is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain



Calvin Damper, D.O.

Appointments

To schedule an appointment please call 770-421-1420

For important appointment information please <u>click here</u>

Practice News from Non-Surgical Orthopaedics, P.C.

- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy
- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18
- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an Investigational Product

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.

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