



Practice News

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and the industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

Help Us Win 2014 Kudzu Best In Business!



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Happy Thanksgiving!

Thanksgiving is the season to be thankful, and at Non-Surgical Orthopaedics, P.C., we are thankful for you!

Thank you for trusting us with your health, and thank you for referring your family and friends.

Happy Thanksgiving from the entire staff.

Schedule an Appointment!

To schedule an appointment please call 770-421-1420

[REQUEST APPOINTMENT](#)

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Download the new NSO App!

Available for FREE download by clicking the link above or searching for Non-Surgical Orthopaedics, P.C. in your iTunes app store. Our app is only compatible with Apple™ devices.

Thank You!



Pain relief from massage therapy



Have you thought about adding massage therapy as a way to help manage chronic pain? If not, maybe you should. Studies show that massage therapy can actually help your physical, mental and emotional self.

[+ Continue here for full blog post](#)

What you need to know about trigger points and their treatment



What are trigger points? They are small, tender knots that form in muscles or fascia. They can produce local or referred pain and decreased range of motion. Sometimes they can cause tension headaches,

joint pain, leg and upper and lower back pain.

[+ Click here for full blog post and video](#)

Understanding Osteoarthritis



One of the most common forms of arthritis is Osteoarthritis (OA). About 27 million Americans are suffering with OA. When the cartilage in the joints begins to break down, the bones rub together which causes pain and reduced movement. According to the Arthritis Foundation, risk factors for OA are aging, obesity, previous joint injury, overuse of the joint, weak thigh muscles, and genetics.

[+ Click here to continue to full blog post](#)

What Is Causing My Low Back Pain?

80% of people will suffer with back pain at some point in their lives. Back pain is the single biggest reason for disability



Meet Our Physicians:



Arnold J. Weil, MD
Anthony R. Grasso, MD

Meet Our Fellows:



Nicole Forsythe, M.D.





worldwide.

[Yolanda Scott, M.D.](#)

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**Visit us at our new office in Canton, Georgia.
Call 770-421-1420 for an appointment!**

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