



Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and the industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

### SPOTLIGHT- Botox For Chronic Migraines

Do you, or someone you know, suffer with chronic migraines? If so, you know how difficult it can be to live a normal life. Our office is now offering BOTOX® injections for chronic migraine sufferers.

BOTOX® is a prescription medicine that is injected to prevent headaches in adults with Chronic Migraine who have 15 or more days each month with headache lasting 4 or more hours each day in people 18 years or older. It is not known whether BOTOX® is safe or effective to prevent headaches in patients with migraine who have 14 or fewer headache days each month (episodic migraine).

This is the first and only preventive treatment approved by the FDA for adults with Chronic Migraine, and may help you have fewer headache days.

[+ Click here to view further information](#)

### Have You Liked Us On Facebook Yet?



Click the Facebook icon to like our page. That way you can stay updated on our current promotions and happenings around the office.

Halloween is fast approaching. Watch our Facebook page for pictures of our staff dressing in their Halloween attire! Schedule your visit for October 31 and join in the fun!

We are still running our iPod shuffle promotion.

[Click here to enter to win!](#)

### 8 Health Tips For Fall

As the weather begins to cool down and we bring out our scarves and gloves, we get excited that fall is on it's way. Even though most people contribute holiday weight gain exclusively to

### Schedule an Appointment!

To schedule an appointment please call 770-421-1420

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Available for FREE download by clicking the link above or searching for Non-Surgical Orthopaedics, P.C. in your iTunes app store. Our app is only compatible with Apple™ devices.



holiday celebrations, the truth is that it's not just the holidays that are at fault, it's the time leading up to it.

[+ Continue here for full blog post](#)

## Family Friendly Fitness



Staying active isn't just for you, it's for your whole family. Sometimes it's hard to get everyone in on the fun. Here are a few quick tips on how you can get the whole family involved and being active.

[+ Click here for full blog post and video](#)

## Repetitive Motion Injuries



Also called repetitive strain injuries, a repetitive motion injury occurs when a repeated activity causes microscopic tears to tissues. If the body cannot repair the tear, inflammation can occur which causes pain. It is a very common injury and they make up over 50% of the athletic injuries seen by a doctor. A repetitive motion injury can be caused by everyday activities like throwing a ball, running, poor posture that forces you to work in an awkward position for a long period of time, traumatic injury, a systemic disease, work-related repeated motions like assembly lines or even cleaning a floor.

[+ Click here to continue to full blog post](#)

## Why Quick Workouts Are Just As Good



Finding 30 minutes a day can be difficult for some of us. Sure on the weekends we can find time for a longer workout, but what if we can only find 10 minutes a day during the week. Are we still getting healthy with just short bursts of workouts?

[+ Click here to continue to full blog post](#)



## Meet Our Physicians:



**Arnold J. Weil, MD**  
**Anthony R. Grasso, MD**

## Meet Our Fellow:



**Nicole Forsythe, M.D.**

**Visit us at our new office in Canton, Georgia.  
Call 770-421-1420 for an appointment!**

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*Try it FREE today.*

Non-Surgical Orthopaedics, P.C. | 335 Roselane Street | Marietta | GA | 30060